# YMSC Newsletter Week 3





Week 3 at Youth Multi-Sports Camp was all about growth and fun! Campers made noticeable improvements in soccer, football, basketball, baseball, and kickball whether it was sharper passes, stronger throws, better teamwork, or more confident plays. Each day was packed with energy, and it was amazing to see how much the kids are learning while having a great time. From exciting scrimmages to friendly competitions, the focus on sportsmanship and effort really stood out. We're so proud of their progress and can't wait for even more fun in Week 4!

# Coach EJ

This week in football we focused on competing while still using a balance of mental toughness and physical toughness.

Scrimmages and races to see who had the competitive edge out of each group







# Coach Isabel

This week in soccer we had an amazing week, lots of scrimmaging and game like scenarios were played in order to put together all the individual aspects we have worked on in previous weeks. We even had a day where the camp dedicated to fitness agility and conditioning which helped our stamina and energy through the week.







# Coach Amelia

Campers learned the fundamentals of basketball. Starting with dribbling, passing and stealing. From there we put those skills into a game focusing on sportsmanship and giving our best to achieve successful outcomes.





# Coach Lucas

To mix things up, this week campers were put through a workout instead of scrimmaging every day. Campers were led through a dynamic warmup, followed by a workout on the football field with an emphasis on agility, mobility, and acceleration. After the workout campers participated in a cool down/dynamic stretch session. This was meant to show campers what it will look like if they continue to play sports at a high level as they get older.



# Coach Alex

Our campers practiced this week with getting into position with kickball and baseball. It's not always easy to figure out where each player should be, so we went over where each team member should be positioned on both offense to maximize scoring, and on defense to get the other players out.







# THE DAY-TO-DAY AT YMSC

#### **MORNING**

Camp drop-off starts at 8:45am at
Performance Arts Center at 550 Lone
Pine Road, Bloomfield Hills, MI.
Approach the gate slowly - it will
open. From there, please join the
drop-off line in front of the PAC.
For the safety of the campers, please
wait for a staff member to open your
vehicle's door and lead your camper
out.

It is important to have your

Authorized Pick-up Sheet (from
Summer Camps Welcome Package) in
car window every day.

#### END OF DAY

Pick-up will start at 2:50pm. Please join the pick-up line in front of the PAC and have your Authorized Pick-up Sheet in the window. Pull up by the front door and a staff member will lead your camper to your vehicle.

#### LATE ARRIVAL

Please park in the 550
Lone Pine Parking Lot,
call the camp at 248645-3674, Option #9,
Option #2, and walk
your camper to the front
door of the PAC. A staff
member will meet your
camper and guide them
to their group.

#### LUNCH

Your camper will be served a delicious buffet style lunch and 2 snacks if you chose Lunch from Cranbrook at registration. If you are sending lunch and snacks from home, please make sure everything is peanut and nut-free!

# MEET OUR STAFF

#### CAMP DIRECTOR: MS. MARIA

I am looking forward to my 5th summer as a Director of YMSC. I love youth sports and have coached multiple seasons of soccer, basketball and lacrosse while raising my 4 sporty kiddos. One of them grew up to be a Cranbrook coach! My goal is for each camper to have fun, make friends, and grow while learning new skills in sports.

# ASSISTANT DIRECTOR: MS. JULIANA

I teach at Brookside during the school year and am excited to be back at YMSC for my 5<sup>th</sup> year. I have three boys who are active in a variety of sports. We bike through our neighborhood a lot and often get ice cream at the Woodward Dairy Mat – look out for us!

Looking forward to our time together and enjoying a safe and sporty summer with our campers and staff!



### OFFICE ADMINISTRATOR: MS. NATASHA

I attend Michigan State University. I major in exploratory business. My favorite sports are basketball and tennis. I look forward to meeting all the new campers and staff!!

### Head Coach Victoria

I'm super excited to be back for my 5th year and to meet everyone and teach a wide variety of sports. I am a Physical Education teacher in K-5 Michigan public schools. In my spare time I ride horses and enjoy doing CrossFit. I can't wait to share my love of sports with fellow campers!

#### **Coach Lucas**

I'm a junior at Central Michigan
University majoring in Exercise
Science. I also play on CMU's hockey
team. So naturally, my favored sport
is Hockey, but I love all sports. This is
my first summer at YMSC and I am
super excited!

### Coach Alex

I finished my undergrad at
Oakland University in 2022 and am
now a graduate student at the
University of Kansas. I am excited
to be back in Michigan for the
summer and for my 5th season at
YMSC to teach a variety of sports
to our campers.

#### **Coach Amelia**

I just finished my senior year at Lake Orion High School where I was a part of 3 varsity teams - Cross Country,
Basketball, and Lacrosse. I will be attending GVSU in the Fall to study business and sports management. I am very excited and looking forward to spending my first summer here at the sports camp!

#### Coach Isabel

I just finished my freshman year at Grand Valley State
University as an exercise science major. I spent my first year playing for the women's club soccer team and doing a variety of different activities like pickleball, tennis, golf and more. This is my first year with YMSC and I'm super excited to get started and meet all the campers!



### Coach EJ

I am currently a Journalism major student at Michigan State University entering my Junior year. I play football and I am also a model. I'm looking forward to my second year at YMSC!



### Counselor Ms. Rachel

I am a High School Chinese language teacher. 2025 is the 5th year I work as a counselor at our multi-sports camp. Every year the campers add joy and many touching moments. I really love working with kids at sports camp. Looking forward to another exciting and happy summer with you all!



### Counselor Ms. Claire

I'm going to be a Senior at
Saginaw Valley State
University studying nursing. I
enjoy being active and
spending time outdoors. In
my free time, I like to run and
spend time with my rescue
dog, Penny. I am looking
forward to a great summer,
and super excited to be back!



### Counselor Ms. Brooke

Counselor Mr. Ben

I am so happy to be

returning to sports camp

after being an instructor

in 2023. I am currently a

rising Junior at the

University of Kentucky

majoring in Finance. I

played a variety of sports

in high school such as

Cross Country, Basketball,

and Track and Field. I

cannot wait to meet

everyone and am excited

for a great summer!!

This will be my 2nd year at YMSC camp. I am a Business Major at Saginaw Valley State University and will be going into my senior year this August. This is my last summer before I graduate, and I am excited to be back at camp to see new and familiar faces!

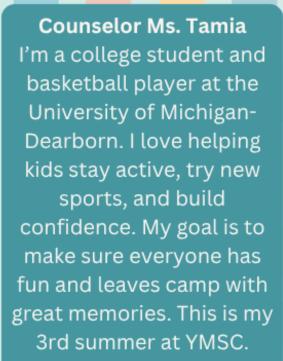


### Counselor Ms. Kate

I am going into my junior year of college at Michigan State University. I intend on playing for the woman's club Lacrosse team at MSU next semester. I grew up playing Basketball, Soccer, and Lacrosse. I enjoy playing and watching every sport!

#### Counselor Ms. Erin

I'm an elementary education major at Michigan State University with a minor in coaching, and I'm so excited for my first summer at camp! During the school year, I work with students from preschool through sixth grade and love finding creative ways to keep kids active and engaged. I'm especially passionate about running and spending time outdoors. I can't wait for a fun-filled summer of sports, friendships, and new adventures with our campers!





## Counselor Mr. Scott

My favorite sports are soccer and track. This summer, I will be graduating from MSU with a degree in Kinesiology. I love having bonfires in the summer, playing pickleball with friends, and eating ice cream. This will be my first year at Cranbrook, and I'm looking forward to meeting all our campers and having a great summer!

### Counselor Ms. Ashlyn

I am currently going into my Junior year at Cleary University. I am seeking my bachelor's degree in Business Management and Digital Marketing while also studying to get my MBA. Outside of the classroom, I am also a collegiate softball player - I hope to share my knowledge with the kids. I am so excited to start my first year as a counselor at the YMSC!

